#### **CURRICULUM VITAE**

Name : **Prof. THIYAM KIRAN SINGH** 

Designation : Professor,

Department of Psychology,

Nagaland University, Kohima Campus, Meriema, Nagaland.

Date of Birth : 27<sup>th</sup> Feb. 1978

Sex : Male

Marital Status : Married

Nationality : Indian

Total years of experience : 18 years (Teaching, Research and Administration)

Address of correspondent : Department of Psychology,

Nagaland University, Kohima Campus,

Meriema, Nagaland

Permanent Address : C/O Thiyam Krishnamohan Singh

House no: 42, Ward No: 5

Uripok Haobam Dewan Leikei

Imphal West, Imphal – 795001 (Manipur)

Mobile : 8360988456/9888622772

E-Mail : thiyamkiransingh@gmail.com

Professional Member : 1. Fellow member of IACP (F 267/08/11/20)

2. Ex- All India Executive Council Member (2018-2020).

3. Life member of IAAP (Reg. no: 1315)

4. Life Fellow member of IASP (No. F19 082)

5.Life Member of World Association for

Psychosocial Rehabilitation (Indian Chapter): SL.No: 643

R.C.I. Registration No. : CRR- A22249

RCI Inspector : As an expert & as Inspector of RCI visited many times.



## **EDUCATION QUALIFICATION**

Education/ Subjects	Board/University	School / College / Institute	Month/Year of Passing /No of Attempt
P.hd. – ( Clinical	Andhra university	VIMHANS-Hospital.	November/
Psychology)			2010/1 <sup>st</sup> Attempt
M. Phil (Clinical/	Pt. Ravishankar Shukla	P.G.I Behavioural and	December/2006
M&SP, R.C.I.)	University	Medical Sciences	/1 <sup>ST</sup> Attempt
			(Topper)
M. A. (Psychology)	Kumaun University	Nainital,	May/2001/1st
		Almora Campus	Attempt
B. A.( psychology,	University of Mysore	Mahajanas First Grade	April/1998/1st
Criminology,		College	Attempt
Sociology)			
XII <sup>th</sup> (Eng,Mani,	Council of Higher Sec.	C.C. Higher Sec. School	April/1995/1st
Geo,Eco,Phi)	Education Manipur		Attempt
X <sup>th</sup> (Eng,Mani,Sc.	Board of Sec. Education	C.C. Higher Sec. School	April/1993/1st
Soc.Sc,Maths)	Manipur		Attempt

## **ADDITIONAL QUALIFICATION**

Six month Computer Soft ware Course i.e. DISM from Aptech, Almora, Uttaranchal.

## **ADAPTIVENESS IN COMPUTER APPLICATION**

- 1. MS office.
- 2. MS Word.

- 3. Power Point.
- 4. Ms Excel.
- 5. Eliminating Knowledge of operating SPSS (Statistical Package for Social Science).

## PRESENTLY WORKING:

Name of Institute/ University	Designation	Date of Joining	Date of Leaving
Nagaland University	Professor	03/10/2023	Continuing
(Central University)			

# **WORK EXPERIENCE**

Sl.No:	Name of	Designation	Date of	Date of	Duration of
	Institute/		Joining	Leaving	Working
	University				
1.	Mizoram	Associate	21/04/2021	02/10/2023	2years & 5
	University	Professor			Months
	(Central				
	University)				
2.	Govt. Medical	Associate	12/12/2014	19/03/2021	6 years & 3
	College &	Professor			months
	Hospital,				
	Chandigarh				
	(Central Medical				
	College)				
3.	Amity University,	Assistant	26/12/2011	12/12/2014	3 years
	Jaipur	Professor			
4.	Post Graduate	Assistant	8/1/2010	23/12/2011	2 years
	Institute of	Professor			
	Behavioural &				

	Medical Sciences- Raipur				
5.	Vijayawada Institute of Mental Health & Neuro Sciences- Vijayawada	Lecturer	11/1/ 2007	7/1/ 2010.	3 years
6.	All Manipur Mentally Handicapped Person Welfare Organisation- Imphal	Clinical Psychologist	1/6/ 2001	31/8/ 2004	3.2 years

#### **AWARDS AND RECOGNITIONS:**

- **1. Smt. Naina Singh Memorial Award** on the topic "Mental health among sport persons of Manipur during the COVID-19 Pandamic" at 57<sup>th</sup> National & 26<sup>th</sup> International conference of Indian Academy of Applied Psychology (IAAP), 2022 held at Mizoram University from 27<sup>th</sup> to 29<sup>th</sup> January, 2022.
- **2. Bhatt Best Paper award** "Thought Pattern in Obsessive Compulsive Disorder, Depression and Healthy Controls" at 57<sup>th</sup> National & 26<sup>th</sup> International conference of Indian Academy of Applied Psychology (IAAP), 2022. Held at Mizoram University from 27<sup>th</sup> to 29<sup>th</sup> January, 2022.
- 3. **Bhatt Best Paper award** "perceived parenting style and coping style of Opioid dependents adolescent" at 57<sup>th</sup> National & 26<sup>th</sup> International conference of Indian Academy of Applied Psychology (IAAP), 2022. Held at Mizoram University from 27<sup>th</sup> to 29<sup>th</sup> January, 2022.
- 4. **Dr. JK Trivedi Award** for the paper "Effect of caregiver group therapy on caregiver burden and neuropsychiatric symptoms in patients with dementia" at 26 National Conference of Indian Association for Social Psychiatry 2019.
- 5. **Dr. A.K. Kala award paper** "Comparison of Efficacy and Tolerability of Escitalopram and Venlafaxine in Treatment-Naive Patients with Unipolar Nonpsychotic Depression: Is There a Need to Revisit the Prescription Patterns?" at 43<sup>rd</sup> Annual Conference of Indian Psychiatric Society- North Zone, October 6-7, 2018.
- 6. "Certificate of Excellence in Reviewing". In recognition of an outstanding contribution to the quality of the Journal, Asian Journal of probability and statistics.

- 7. Appreciation Certificate by NIMS for Esteem Corporation for the Noble cause towards humanity-2012.
- 8. Appreciation Certificate in recognition of outstanding contribution in the organization and execution of the XXII world congress of the world association of Social Psychiatry, held on Nov 30-Dec 4, 2016, at New Delhi, India.
- 9. Appreciation Certificate for conduction two days CRE Programme on "Early detection and intervention of Psychological Disorders" as Coordinator, Organosed by Department of Clinical Psychology in collaboration with Rehabilitation Council of India (RCI), 13-14 April, 2023.

#### **ADMINISTRATION EXPERIENCE**

- 1. As a Head, Department of Clinical Psychology, Mizoram University.
- 2. In-charge of Clinical Psychology Services, Department of Psychiatry, GMCH-Chandigarh.
- 3. Coordinator of AIBAS and M.Phil (RCI) Course Coordinator.
- 4. Two years as Hostel Warden at PGIBMS, Raipur.

#### **INVITED LECTURE:**

- 1. "Addiction and its management" at Induction programme organized by School of Engineering & Technology, Mizoram University on 11<sup>th</sup> Sept., 2023.
- 2. "Addiction and its management" organized by University Grants Commission HRDC, Mizoram University on 01/03/2023.
- 3. "Addiction Mental health challenges of North east" organized by Mental health Action for people (MAP)- Talk on 21<sup>st</sup> December, 2022.
- 4. "Creating hope through Action" on World Suicide Prevention day organized by NMHP, NHM, Mizoram at DHME Conference hall on 9<sup>th</sup> September, 2022.
- 5. "Mental health issues during lockdown due to COVID-19" at National webinar organized by Department of Clinical Psychology, Mizoram University, Aizawl, Mizoram on 8/10/2021.
- 6. "Addiction and its management" at National Workshop organized by Department of Clinical Psychology, Mizoram University, Aizawl, Mizoram on 17/07/2021.
- 7. "Peer Pressure and Peer influence: adolescent group", department of Psychiatry, PGIMER-Chandigarh, from 6<sup>th</sup> to 8<sup>th</sup> Feb, 2019.
- 8. "Barriers in the environment and Universal Design" at Pt. B.D. Sharma, Post Graduate Institute of Mental Health, Rohtak, from 15<sup>th</sup> to 17<sup>th</sup> Nov, 2016.

# <u>CHAIR SCIENTIFIC SESSIONS AT NATIONAL & INTERNATIONAL</u> CONFERENCES:

- ➤ 27<sup>th</sup> International and 58<sup>th</sup> National Conference of Indian Academy of Applied Psychology (IAAP), 15<sup>th</sup> -17<sup>th</sup> February, 2023 at Delhi University on the theme "Psychological testing and Assessment".
- > 57<sup>th</sup> National & 26<sup>th</sup> International Conference of Indian Academy of Applied Psychology (IAAP), 27<sup>th</sup> 29<sup>th</sup> January, 2021, MZU.
- ➤ COVID-19: Disruption of life process Impacting Mental Health, 3th June 2021, MZU.
- ➤ Virtual National Conference, 18<sup>th</sup> August, 2021, Department of Psychology, RGU, Arunachal Pradesh.
- ➤ 47 NACIACP on 28-30 May, 2021 at AFMC Pune
- ➤ 45<sup>th</sup> NACIACP 2019, 25<sup>th</sup> 27<sup>th</sup> May 2019, enhancing mental health: Exploring new Dimensions, Dehradune.
- ➤ 44<sup>th</sup> NACIACP-2018, 23th -25<sup>th</sup> Feb, 2018, Golden Jubliee YearCelebration of IACP, Gautam Buddha University, Greater Noida.
- National Conference on Addiction Psychology, 7<sup>th</sup> -8<sup>th</sup> September, 2017, AIIMS, Delhi.
- ➤ XXXV Annual National Conference of Indian Society of Professional Social Work, 9<sup>th</sup> 11<sup>th</sup> February, 2017, GMCH- Chandigarh.
- ➤ 42th NACIACP 2016, 24<sup>th</sup> -27<sup>th</sup> February, 2016, RIIMS, Imphal, Manipur.

#### **OTHERS ACADEMIC CONTRIBUTION:**

- 1. I regularly set questions for the course of M.Phil Clinical Psychology including PGIMS, Rohtak, Amity University, Jaipur, Manipur university, Pt. Ravishankar shukla university etc.
- 2. Used to set questions for M.Phil (Psychiatric social work), B.Sc (Medical) annual examination, BSC (Nursing) examination, semester examination and internal examinations.
- 3. I regularly go as an external examiner of practical exam of M.Phil (Clinical Psychology), at P.T. B.D. Sharma University of Health Sciences, Rohtak, Amity University Rajasthan, Manipur University, Pt. Ravishankar Shukla University, SGT University, RIMS-Imphal etc.
- 4. I regularly Set MCQ questions for the recruitment of Play therapist, Mphil (Clinical Psychology entrance test), MSc (Clinical Psychology entrance test).

#### PAPER PUBLISHED IN NATIONAL AND INTERNATIONAL JOURNALS:

Sl.No	Indexed Journals : (National/International)	ISSN NO:	Impact Factor
1	Manisha Choudhury, Payal Kanwar Chandel, Thiyam Kiran Singh (2023). Impact on Parents' Psychological Well-Being of Preschool Children Diagnosed with Autism	2589-7799 (Scopus)	2.13

	Spectrum Disorder in the Indian Context. Journal for Re		
	•		
	Attach Therapy and Developmental Diversities, 6 (9s2):		
	131-141.		
2	Meena Hijam, Thiyam Kiran Singh (2023). Mental health among	0303-2582	
	sportspersons of Manipur during the covid- 19 pandemic. Indian Journal of Clinical Psychology, 49(3), 89-92.	UGC	
3	Thiyam Kiran Singh, Payal K Chandal (2022). Peer pressure and peer influence in Children and Adolescence. The International Journal of Indian Psychology. 10 (3), 1791-1800. DOI: 10.25215/1003.186	2348-5396 (online)(UGC Indexed)	3.36
4	Jitendra Shekhawat , Vismita Paliwal , Prashant , Devendra S. Sisodia, Thiyam Kiran Singh, Payal K Chandal (2022). A comparative study of self esteem and quality of life among Indian educated working women and house wife. Journal of Positive school psychology, 6(6), 3258-3262.	2717-7564 (Scopus)	8.00
5	Elangbam Priyokumar Singh, Thiyam Kiran Singh, Payal Kanwar Chandel (2022). Perceived Parenting Style and Coping Style of Opioid Dependent Adolescent. International Journal of Special Education, 37 (3), 6205-6213.	0827-3383 (Scopus)	0.51
6	Vismita Paliwal, Gayathri Menon, Thiyam Kiran Singh,	0303-2582	
	S.S Nathawat (2021). Psychotherapeutic Components in	(UGC Care)	
	Chottanikara Healing: A Qualitative Analysis. Indian		
	Journal of Clinical Psychology, 48 (1), 65-71.		
7	A Vhanna Thirram Vinan Singh D.V. Chandal and D.S.	2319-4979	1.49 (19-
'	A.Khanna, Thiyam Kiran Singh, P.K. Chandel and BS Chavan (2021). Thought Fusion and Control Strategies of	(WOS)	2020)
	OCD, Depression and Healthy Population. Vidyabharati	(WOS)	2020)
	International Interdisciplinary Research Journal, Special		
	issue, 2075-2082.		
8	Yogita Sharma, Thiyam Kiran Singh, Payal Kanwar	1309-6591	
	Chandel (2021). Comprehending Gender Differences in	(Scopus)	
	Body Esteem and Self Concept. Turkish Online Journal of		
9	Qualitative Inquiry (TOJQI), 12(7):992-999.  Thiyam Kiran Singh, Satvinder Singh Saini, Nidhi	2651-	0.14
	Malhotra, Krishan Kumar (2021). Social support, loneliness	4451(Scopus)	U.17
	and perceived stress in geriatric patients of depression.	1751(Scopus)	
	Turkish Journal of Physiotherapy and Rehabilitation, 32(3),		
	7014-7020.		
10	Thiyam Kiran Singh, Saraswati Rani, Deepak Sahu (2021).	2651-	0.14
	Study about gutka, paan masala (tobacco) users in CMO office & district hospital, unnao, india. Turkish Journal of	4451(Scopus)	
	Physiotherapy and Rehabilitation, 32(3), 5042-5046.		
	1 2 12	II.	

11	Gayathri Menon, Vismita Paliwal, Thiyam Kiran Singh (2020). The psycho therapeutic components in faith healing: a qualitative exploration. Kala: The Journal of Indian Art History Congress, 26(2), 42-48.	0975-7945	6.12
12.	Apurva Mathur, Thiyam kiran Singh, Chanchal Pal, Jaishree Jain (2020). Depression: Primary Caregivers of Schizophrenia and Intellectual Disability. Wesleyan Journal of Research, 13(37), 104-112.	0975-1386 (UGC Care)	
13.	Apurva Mathur, Thiyam kiran Singh, Chanchal Pal, Jaishree Jain (2020). Anxiety in primary caregivers of Schizophrenia and Intellectual Disability. Sambodhi Journal, 43 (4): 76-80.	2249-6661 (UGC Care)	5.80
14	Archana Kashyap, Thiyam Kiran Singh, Priti Arun (2020). Parenting style and emotional regulation in children with Borderline and Average intellectual functioning. J. Indian Assoc. Child Adolesc. Mental Health, 16 (4): 82-96.	0973-1342 (Scopus)	0.35
15	Geetesh Kumar Singh, Thiyam Kiran Singh, Ayoleena Roy, Aratrika Roy (2020). Factors Behind The Relapse Of The Patients With Alcohol And Opioid Use Disorder: An Exploratory Study. International Journal of advance science and technology, 29 (11): 2543-2549.	2005-4238 (Scopus)	
16	Harneet Kaur, Ajeet Sidhana, Thiyam Kiran Singh (2020). Comparison of Efficacy and Tolerability of Escitalopram and Venlafaxine in Treatment-I Patients with Unipolar Nonpsychotic Depression: Is There a Need to Revisit the Prescription Patterns?". Journal of Mental health and human behavior, 24(1): 15-22.	0971- 8990 (EISSN:2543- 1897)	
17	Osheen Saxena, Thiyam Kiran Singh, Navneed Kaur (2020). Satisfaction of caregiver of serious mental illness (SMI) patients at rehabilitation service centre. International Journal of Psychosocial Rehabilitation, 24 (8):9831-9836.	1475-7192 (Scopus)	0.08
18	Thiyam Kiran Singh & MVR Raju (2020). Psychosocial Impact of COVID-19 to general population in India. CLIO An Annual Interdisciplinary Journal of History, 6(6): 643-652.	0976-075X (UGC Care)	5.60
19	Shweta Kanshal, Thiyam Kiran Singh & Nidhi Malhotra (2020). Executive functioning in children with non verbal learning disability. International Journal of Psychosocial Rehabilitation, 24 (8): 3291-3299.	1475-7192 (Scopus)	0.08
20	Thiyam Kiran Singh & M.V.R. Raju (2020). Factors of alcohol drinking, withdrawals, consequences and remedies. Purakala, 31(8), 1197-1220.	0971-2143	5.60

21	Osheen Saxena, Thiyam Kiran Singh, Subhash Das (2020). Effect of Caregiver Group Therapy on Caregiver Burden and Neuropsychiatric Symptoms in Patients with Dementia. Indian Journal of Social Psychiatry, 36 (1), 19-28. DOI: 10.4103/ijsp.ijsp 17 20	0971-9962	
22	Thiyam Kiran Singh, Gautam, C.S., Chowdhury, I,R., Manchanda, S., & Sharma, P. (2019). Impact of dressing and makeup in girls. Journal of Psychosocial Research, 14 (1), 141-148.	09735410	
23	Aakriti Sharma, Thiyam Kiran Singh and Bir Singh Chavan (2019). Burden and Marital Satisfaction among the Spouses of Persons with Depression. Journal of Psychiatric Social Work, 10(1), 46-50.	0302-1610	
24	Aditi Pangotra, Thiyam Kiran Singh, Ajeet Sidana (2018). Effectiveness of Progressive Muscle Relaxation, Biofeedback and L-theamine in patients suffering from anxiety disorders. Journal of Psychosocial Research, 13 (1), 219-228.	09735410	
25	Nishtha Kumar and Thiyam Kiran Singh (2018). Psychosocial issues and risk management in HIV/AIDS. Indian Journal of Health and Wellbeing, 9(7), 919-923.	22295356	
26	Priyanka Pandey, Thiyam Kiran Singh, Shivangi Mehta and Awadhesh Kumar Pandey (2018). Perceived stress and coping style of Breast cancer patients with and without Mastectomy. Indian Journal of Clinical Psychology, 45(1), 37-41.	03032582	
27	Saraswati Rani and Thiyam Kiran Singh (2018). A study of family burden and Academic related stress of GNM nursing students.  Journal of Psychosocial Research, 13(2), 417-424.	09735410	
28	Saraswati Rani & Thiyam Kiran Singh (2017). A Comparative study of Ranchi Labourer Life. International Journal of Indian Psychology, 4(3),176-180. DOI: 10.25215/0403.036	23485396	4.50
29	Thiyam Kiran Singh, Priyanka Pandey, Abhishek Mahajan & Sakshi Kaushik (2017). Personality, Adjustment and Emotional Intelligence of College going graduates. Indian Journal of Health and Wellbeing, 8(5), 352-355.	22295356	0.47
30	Thiyam Kiran Singh, Subash Das, Nishtha Kumar & Archana Kashyap (2017). Factors of Geriatric Mental State And Their Abilities. Journal of Psychosocial Research, 12(2), 509-519.	09735410	
31	Thiyam Kiran Singh & Nishtha Kumar (2016). Depression: Personality and Gender towards Alcohol Drinking Attitude. International Journal of Indian Psychology, 3 (2), 61-68. DOI: 10.25215/0302.042	23485396	4.50
32	Thiyam Kiran Singh, MVR. Raju, Noreen Choudhri, Thiyam Sushma Devi, Omprakash Patel &Subhash Das (2016) Protocols of Alcohol Dependents on Rorschach. International Journal of Indian Psychology, 4(1), 80-89. DOI: 10.25215/0401.089	23485396	4.50
33	Thiyam Kiran Singh, Bharathi Kumari, Pragyendu & Akshat Chowdhury (2015). Study of Time Orientation and Wellbeing in Old Age. The International Journal of Indian Psychology, 2(2), 35-41. DOI: 10.25215/0202.007	23485396	4.50

Stress and Coping Strategies of Intellectually Disabled Children. International Journal of Indian Psychology, 2 (3),79-90.DOI: 10.25215/0203.083  Thiyam Kiran Singh & Sakshi Kaushik (2015). A study of creativity in relation to big 5 personality traits. International Journal of Indian Psychology, 3(1), 124-128.DOI: 10.25215/0301.162  Thiyam Kiran Singh & Bindu Sharma (2014). Wellbeing, Happiness and Life satisfaction of faculties. Indian Journal of Health and Wellbeing, 5(5), 622-624.  Thiyam Kiran Singh & Saima Ayyub (2014). A comparative study of mental health and educational achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005	1.50 1.50 0.47
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faculties. Indian Journal of Health and Wellbeing, 5(5), 622-624.  Thiyam Kiran Singh & Saima Ayyub (2014). A comparative study of mental health and educational achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005	0.541
5(5), 622-624.  Thiyam Kiran Singh & Saima Ayyub (2014). A comparative study of mental health and educational achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005	0.541
Thiyam Kiran Singh & Saima Ayyub (2014). A comparative study of mental health and educational achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005	0.541
comparative study of mental health and educational achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005  Thiyam Kiran Singh & Nooren Choudhri (2014). Early  09735410	0.541
achievement of Hindu and Muslim Girls. International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005  Thiyam Kiran Singh & Nooren Choudhri (2014). Early  09735410	
International Journal of Psychosocial Research, 3(1), 138-141.  Thiyam Kiran Singh & Niharika Saini (2014). Self Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005  Thiyam Kiran Singh & Nooren Choudhri (2014). Early  09735410	
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Compassion and Emotional Intelligence of Engineering and Dental College Students. The International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005  Thiyam Kiran Singh & Nooren Choudhri (2014). Early  09735410	
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International Journal of Indian Psychology, 1 (3), 52-60. DOI: 10.25215/0103.005  Thiyam Kiran Singh & Nooren Choudhri (2014). Early  09735410	
52-60. DOI: 10.25215/0103.005  40 Thiyam Kiran Singh & Nooren Choudhri (2014). Early 09735410	
40 Thiyam Kiran Singh & Nooren Choudhri (2014). Early 09735410	
Adulthood: The Role of Locus of Control, Meaning of Life	
and Subjective Well Being. Journal of Psychosocial	
Research, 9 (1), 131-139.	
<b>41</b> Thiyam Kiran Singh & Poonam Pahwa (2014). A <b>23206381</b>	
comparative Study of Happiness of Alcohol	
Dependents and Non- Dependents. International	
Journal of Psychosocial Research. 3(1), 82-85.	
<b>42</b> Thiyam Kiran Singh & Shivi Saxena (2014). 23485396	
Emotional Intelligence and Self Esteem of Alcohol	1.50

	and Cannabis Dependents. The International Journal		
	of Indian Psychology, 1 (4), 87-96. DOI: 10.25215/0104.011		
43	Thiyam Kiran Singh & Akanksha Sharma (2014).  Personality and Emotional Maturity of Depressive and  Obsessive Compulsive Disorders. The International Journal	23485396	4.50
44	of Indian Psychology, 1 (4), 80-86. DOI: 10.25215/0104.010  Thiyam Kiran Singh, Sanjeev Tripathi & J. Mahato (2014). Health and Adjustment of High School Students. The International Journal of Indian Psychology, 1(4), 9-18.DOI: 10.25215/0104.019	23485396	4.50
45	Thiyam Kiran Singh, Ajaz Ahmad & Akshat Chowdhury (2014). Differences of thought. The International Journal of Indian Psychology, 2(1), 62-77.	23485396	4.50
46	Thiyam Kiran Singh & Roderick Monterio (2014). An assessment of Adjustment Neuroticism among Cardiac patients. The International Journal of Indian Psychology, 2(1), 17-23. DOI: 10.25215/0201.043	23485396	4.50
47	Thiyam Kiran Singh (2013). Happines and life satisfaction of men and women. Journal of Psychological Researches, 57 (1), 45-49.	00223972	2.47
48	Thiyam Kiran Singh (2013). Mental health issues of disability in india. Indian Journal of health and wellbeing, 4 (4), 950-953.	22295356	0.47
49	Thiyam Kiran Singh (2013). Perspective of rehabilitation, legal rights, supports and acts of disability. Indian Journal of health and wellbeing, 4 (5), 1149-1152.	22295356	0.47
50	Thiyam Kiran Singh & M.V.R. Raju (2012). Alcohol dependents: Quality of life and marital satisfaction with the spouses. Indian Journal of Health and Wellbeing, 3(1), 75-79.	22295356	0.47
51	Thiyam Kiran Singh & P.N. Shukla (2012). Alcohol dependents: Their associated depression and pattern on Nahor Benson Test. Indian Journal of Health and Wellbeing, 3(1), 137-140.	22295356	0.47
52	R.K. Lenin Singh, L. Roshan Singh, Thiyam Kiran Singh, N.Heramani Singh & S. Gojendra Singh (2012). Knowledge, Attitude and Practice towards Mental illness among Adolescents. Journal of Psychological Researches, 56 (1), 65-69.	00223972	

53	Ngangom Anuradha, L. Roshan Singh & Thiyam Kiran Singh (2012). Neuropsychological deficits: A comparative analysis between HIV-seropositive and negative individuals. Amity Journal of Applied Psychology. 2, 3 (2, 1), 183-187.	09766731	
54	Thiyam Kiran Singh & J. Mahto (2011). Utility of Exposure and response Prevention in the treatment of Obsessive and Compulsive Disorder. Indian Journal of Positive Psychology, 2(2), 140-143.	22294937	
55	Thiyam Kiran Singh, J. Mahto & M.V.R. Raju (2011). Old Age: Comparative study of Urban and Rural Quality of life and erectile function. Indian Journal of Health and Wellbeing, 2(2), 350-352.	22295356	0.47
56	Thiyam Kiran Singh, Vishal Indla & Ramasubba Reddy Indla (2008). Impact of disability of Mentally Retarded Persons on their Parents. Indian Journal of Psychological Medicine, 30(2), 98-104. DOI: https://doi.org/10.1177/0975156420080208	<b>02537176</b> (Scopus)	0.80

# BOOKS PUBLISHED IN NATIONAL AND INTERNATIONAL PUBLISHER

Sl.No	Name of Book	ISBN/ ISSN No.	Level International/	Name of
			National	Publisher
1	Psychology and Current	10:93-95456-84-	International	Red Shine
	Trends (2023)	1		Publication
2	Research Methodology and	978-81-929908-	International	Red shine
	Statistics (2015)	4-2		Publication

# **Chapters published in Books:**

Sl.No	Chapter	ISBN/ ISSN No.	Level International/	Name of
			National	Publisher
1	Social Cognition: A Review	10:93-95456-	International	Red shine
	on Interventions (2023)	84-1		Publication
2	Mindfulness and Positive	10:93-95456-	International	Red shine
	Psychology: A Review (2023)	84-1		Publication

3	Disabilities faced by old age	978-93-84764-	National	Prasad Psycho	
	people and its management	03-6		Corporation	
	(2015)				

## PAPER PRESENTED TOPICS AT CONFERENCES:

Sl.No:	Topics:	National/	Venue:
		International	
1	"Parenting style and smartphone addiction in adolescent" 27th International and 58th National Conference of Indian Academy of Applied Psychology on 15th -17th February, 2023	International	Delhi University
2	"Social media use and body dissatisfaction among students: A cross sectional study" 27th International and 58th National Conference of Indian Academy of Applied Psychology on 15th -17th February, 2023	International	Delhi University
3	"Digitalisation in mental health assessment" at 27th International and 58th National Conference of Indian Academy of Applied Psychology on 15th -17th February, 2023	International	Delhi University
4	"Psychological Consequences of a Terrorist Disaster in a Disturbed State" at 27th International and 58th National Conference of Indian Academy of Applied Psychology on 15th -17th February, 2023		

5	Substance dependence, Peer pressure, Online gaming and management on School going Adolescence, at 12th InSPA International Conference on 02- 04 October, 2022.	International	Pondicherry University
6.	Thought Pattern in Obsessive Compulsive Disorder, Depression and Healthy Controls" at 57th National & 26th International conference of Indian Academy of Applied Psychology (IAAP), 2022. 27th to 29th January, 2022.	International	Mizoram University
7.	"Mental health among Sportspersons of Manipur during the COVID-19 pandemic" at 57th National & 26th International conference of Indian Academy of Applied Psychology (IAAP), 2022. 27th to 29th January, 2022.	International	Mizoram University
8.	"Perceived Parenting Style and Coping Style of Opioid Dependent Adolescent" at 57th National & 26th International conference of Indian Academy of Applied Psychology (IAAP), 2022. 27th to 29th January, 2022.	International	Mizoram University
9.	"Metacognitive awareness, mindfulness, quality of life, depression, anxiety and stress in migrant workersand general population during COVID-19 pandamic" at 57th National & 26th International conference of Indian Academy of	International	Mizoram University

	Applied Psychology (IAAP), 2022. 27th		
	to 29th January, 2022.		
10	"Social support, loneliness and perceived	National	AFMC Pune (Virtual
	stress in geriatric patients of depression"	rational	mode)
	at 47 NACIACP on 28-30 May, 2021		mode)
	at 47 TVACIACT OII 20-30 TVIay, 2021		
11	"Mental Health of primary caregivers of	International	Ambala
	Schizophrenia and Intellectual		
	Disability" at International Conference		
	on Humanities, Social science and		
	Business Management organized by		
	World Research Forum for Advance		
	Science and Engineering on 1st and 2nd		
	December, 2020.		
12	"Executive functioning in Children with	National	Department of
	non verbal learning disabilities"		Psychiatry, GMCH,
	15th Biennial National Conference of		Chandigarh.
	Indian Association of Child and		
	Adolescent Mental Health (IACAM), 8-		
	10 Nov, 2019.		
13	"Perceived stigma and recovery among	National	NIEPWVD, Dehradune
	patients with alcohol use disorder" 45th		
	NACIACP -2019, 25th 27th May, 2019.		
14	"Perceived Stress & Coping Style of	National	Gautham Buddha
	Breast Cancer Patients with and without		University and IACP.
	Mastectomy" 44th NACIACP, Golden		
	Jubilee Year, 23-25 Feb, 2018.		
15	"Efficacy of yoga therapy and strength	National	National Drug
	bases group intervention among the		dependence treatment
	individuals with alcohol dependence		centre (NDDTC),

	syndrome" at Annual national		AIIMS- Delhi.
	7th to 8th September, 2017.		
16	A Study of family burden & academic related stress of GNM nursing students, 1st National Conference of Parivartan, 9-10 December, 2017	National	Parivartan and Department of Psychiatry, GMCH- Chandigarh.
17	Protocols of Alcohol Dependents on Rorschach at 42nd NACIACP 2016, 24th - 27th February 2016 at RIMS Imphal.	National	RIMS, Imphal
18	Factors of geriatric mental status and their abilities"22nd World Congress of the World Association of Social Psychiatry" 30 Nov- 4 Dec., 2016.	International	World Congress of Social Psychiatry
19	Personality Adjustment and emotional Intelligence of college going graduates. "22nd World Congress of the World Association of Social Psychiatry" 30 Nov- 4 Dec., 2016.	International	World Congress of Social Psychiatry
20.	Comparative Study of Happiness and Life Satisfaction of Man and Women of AUR Faculties in 39th National Annual Conference of the Indian Association of Clinical Psychologist AIIMS, New Delhi on 18th to 20th Feb. 2013.	National	AIIMS, New Delhi
21	Factors of self distortion from real self and its consequences" National Seminar on Self and Emotions in Social Contexts, 6th -8th April, 2013	National	Kumaun University
22.	Comparative Study of Happiness and	International	Amity University

	Life Satisfaction of Man and Women AUR Teaching Faculties, 3th International Conference on Positivism, Aug 6-8, 2012.		Rajasthan.
23.	Utility of Exposure and response prevention in the treatment of OCD" in 45th National and 14th International Conference" Conducted by Indian Academy of Applied Psychology (IAAP), 18th to 20th Feb, 2010.	International	Andhra University
24.	Quality of life of alcohol dependent subject & marital satisfaction with the spouses", 1st Joint Conference of Clinical Psychologist, Psychiatric social workers & Psychiatric Nursing, 7th & 8th Feb. 2009.	National	PGIBMS, Raipur
25	Old Age: Comparative study of urban and rural Quality of life and erectile function", Gerontology International Synthesis Conference, 12th to 14th March, 2009.	International	Andhra University.
26	Alcohol dependents: Quality of life and marital satisfaction with the spouses", "2nd State Level Conference" Conducted by Counseling Psychology Association, Andhra Pradesh, 4th October, 2009.	State	Hyderabad
27.	Study of disability on parents of mentally retarded children" International conference on health psychology and	International	Andhra University

	counseling, 13th to 15th Nov.2007,		
	Psychology Department.		
28.	Impact of disability of Mentally	National	Gwalior
	Retarded Persons on their Parents"		
	Indian psychiatric Society, centre zone,		
	28th Annual conference, 7th to 8th		
	October, CIPCON – 2006.		

# **ATTENDED CONFERENCES:**

Sl.No:	Topics:	National/ International	Venue:
1	Certificate of Participation, State level Round Table Conference	State	Counseling Psychology Association, Vijayawada
2	Indian Society of Professional Social Work (ISPSW) Conference 2017.	National	Department of Psychiatry, GMCH
3	Parivartan, 1 <sup>st</sup> National Conference, 9 to 10 December, 2017.	National	Parivartan and Department of Psychiatry, GMCH
4	Certificate of Participation in "National Midterm CME-2009", Andhra Pradesh, 29 <sup>th</sup> to 30 <sup>th</sup> August, 2009.	National	Vijayawada, Andhra Pradesh.

## SAMINER /WORKSHOP / WEBINAR ATTENDED

Sl.No:	Seminar / Workshop	National/	Organised By
		International	
1.	UGC Sponsored Faculty Induction	National	Mizoram University
	Programme		

2	The Science of learning 25 <sup>th</sup> May, 2021	National	Mizoram University
3	Using mathematical models to understand Epidemics, 19 <sup>th</sup> May 2021	National	Mizoram University
4.	Attended the webinar on "New Education Policy, 2020 and Management Education"	National	Department of Management, Mizoram University, on 20th May, 2021.
5	Attended the webinar on "The Science of Learning"	International	Department of Physics, Electronic and Communication, & Commerce, Mizoram University, on 25 <sup>th</sup> May, 2021.
6.	Attended international webinar on" cyberbullying: relationship between perpetration and victimization	International	Department of Psychology, Mizoram University on 30th July, 2020.
7.	Attended International Webinar on "covid stress and coping: towards resilience"	International	Department of Psychology, Mizoram University on 30th July, 2020.
8	Psychodiagnostics in Mental Health, 1 <sup>st</sup> and 2 <sup>nd</sup> August, 2007.	International	Department of Psychology and Parapsychology, Andhra University.
9	Workshop on Projective Inkblote Techniques, 11 <sup>th</sup> to 16 <sup>th</sup> July, 2005.	National	School of studies in Psychology, Pt. Ravishankar Shukla University, Raipur(C.G.).
10	National Seminar on Yoga Therapy for Psychiatric and Neurological disorder, 2 <sup>nd</sup> March, 2007.	National	Morarji Desai National Institute of Yoga in collaboration with NIMHANS, Bangalore.
11	Certificate of attendance "ICH GCP Workshop13th February, 2008.	National	Quintiles, India, on 13 <sup>th</sup> February, 2008.

12	Pre conference workshop of 39 <sup>th</sup> NACIACP- 2013 on 17 <sup>th</sup> Feb. 2013 regarding: Mindfulness Based Therapy for Depression Disorder, Effective Communication Building Skills, Psycho – Gerontology: An Emerging Field of Practice and Turning In: Being a Reflective Psychotherapist.	National	Department of Psychiatry, AIIMS, New Delhi
13	Workshop on "Rational Emotive Behavior Therapy" held on 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> March, 2013.	National	Dept. of Psychiatry, SMS  Medical College,  Psychiatric Centre, Jaipur
14	Workshop on "Child and Adolescent Common Psychiatry Problem – Recognition, Management & Prevention" on 11 <sup>th</sup> March 2014.	National	Dept. of Psychiatry, Sawai Man Singh Medical College, Jaipur on 11 <sup>th</sup> March 2014.
15	Mental Retardation and associated disabilities	National	Pt. B.D. Sharma Post Graduate Institute of Medical Sciences, Rohtak, Haryana
16	Workshop on occupational therapy in autism	National	Department of Psychiatry, GMCH-32, Chandigarh & Parivartan NGO

#### POST-GRADUATE THESIS SUPERVISED:

No.	Name of student/ research scholar	Title of Thesis	Doctorate/ Master's	Year of Award
1.	Ms. Gayathri Menon	Psychotherapeutic components in Faith Healing; A Qualitative Analysis of Psychiatric Cases.	Ph.D.	2022
2	Harneet Kaur	Effect of Escitalopram and Venlafaxine on Cognitive and Quality of life in patients with treatment naïve first episode of non psychotic Unipolar Depression	M.D.	2017

No.	Name of student/ research scholar	Title of Thesis	Doctorat e/ Master's	Year of Award
1	Kantadorshi Parashar	Spirituality, religiosity, personal beliefs and life satisfaction in elderly people with depression.	M.Phil	2020
2	Chandani Pandey	To study the relationship between levels of adherence and attitude towards medication and illness in patients with schizophrenia	M.Phil	2020
3	Parna Bhattacharya	Perceived sexual difficulties and bodily image concerns in patients with post treatment cervix cancer and breast cancer	M.Phil	2020
4	Aratrika Roy	Internet gambling disorder and its associated psychosocial correlates among adolescents: A school based study	M.Phil	2020
5	Amandeep Taunque	Lived Experience of Persons with Intellectual Disability Living in Residential Care Institutions	M.Phil	2019
6	Samiksha Manchanda	The effective of Supportive Psychotherapy on coping style and Quality of Life in patients with Cervix Cancer	M.Phil	2019
7	Kanupriya	Recovery and its correlates following intervention in Depression	M.Phil	2019
8	Osheen Saxena	Effect of Caregiver group therapy on caregiver burden and Neuropsychiatric Symptoms in Patients with Dementia	M.Phil	2019
9	Ishita Roy Chowdhury	Meetacognition, emotional regulation and psychological capital of patients of with substance use disorders	M.Phil	2018
10	Aarti Khanna	Thought fusion and thought control strategies in patients with obsessive compulsive disorders.	M.Phil	2018
11	Shaweta Kansal	Executive Functioning and Behavioural manifestations in children with Non Verbal Learning Disability.	M.Phil	2018
12	Priyanka pandey	Perceived stress, coping style, self esteem and emotional intelligence of breast cancer patients with and without mastectomy	M.Phil	2017
13	Tibin T Joseph	Emotional recognition, emotional dysregulation and interpersonal relationship among borderline personality disorder	M.Phil	2017
14	Archana Kashyap	Role of Parenting on Emotional Regulation of Children with Borderline Intellectual Functioning	M.Phil	2017
15	Aakriti Sharma	Burden, coping strategies, Marital	M.Phil	2016

		Satisfaction and Psychiatric Morbidity		
		Among Spouses of Persons Suffering		
		with Depression		
16	Aditi Pangotra	Effectiveness of Progressive Muscle Relaxation, Biofeedback and L-Theanine in Anxiety Disorder	M.Phil	2016
17	Satvinder Singh Saini	Social Support, Loneliness and Perceived stress in geriatric patients of Depression	M.Phil	2016
18	Deepika Lamba	Locus of control, Emotional Intelligence and Personality Disorder in Alcohol use disorder patients	M.Phil	2016
19	Priyanka Pandey	Burden, Stress and coping Strategies of Intellectually Disabled Children on Parents	M.Phil	2014
20	Akanksha Sharma	Study of Locus of Control, Emotional Maturity, Sexual Attitude and Adjustment of College Students	M.Phil	2014
21	Poonam Pahwa	A comparative study of QOL and happiness of alcohol dependents and non dependents.	M.Phil	2013
22	Shivi Saxena	A comparative study of emotional intelligence and self esteem of alcohol and cannabis dependents	M.Phil	2013
23	Anju Thakaral	Impact of obsessive beliefs on quality of life in patients with obsessive compulsive disorder	M.Phil	2013

## **POST-GRADUATE THESIS IN PROGRESS:**

No.	Name of student/ research scholar	Title of Thesis	Doctorate/ Master's	Year of Award
1		Psychological distress, subjective well- being,		
1	Meena Hijam	depression, anxiety and	Ph.D	In progress
		stress among spouses and		
		mothers of opioid and alcohol dependents		
		Opioid dependence among		In progress
2	Priyo Kumar	male adolescents: A study on	Ph.D	
2		protective and risk factors.		
3	Hemant Keshap	Neuropsychological functioning, metacognitive awareness, mindfulness, depression, anxiety, stress and living experience of wife of patient with substance	Ph.D	In progress
		dependent disorder		

# **EXPERIENCE IN CONDUCTING CONFERENCES:**

23

1. As Coordinator and Convener Organized National CRE Programme in Collaboration with RCI on

13<sup>th</sup> -14<sup>th</sup> April, 2023 at Department of Clinical Psychology, Mizoram University

2. As organizing chair person & convener at 57<sup>th</sup> National & 26<sup>th</sup> International conference of Indian

Academy of Applied Psychology (IAAP), 2022 held at Mizoram University from 27<sup>th</sup> to 29<sup>th</sup> January,

2022.

3. Organised webinar at Mizoram University on Topic "COVID-19: Disruption of life process

Impacting Mental Health" on 3th June, 2021.

4. 3<sup>rd</sup> International Conference on Positivism, Amity University Rajasthan in the year 2012.

5. The National Mid Term CME of the Indian Psychiatric Society held at Vijayawada in the year

2009.

6. XXII World Congress of the World Association for Social Psychiatry, being held at New Delhi on

30<sup>th</sup> November - December 4<sup>th</sup> 2016.

7. Indian Society of Professional Social Work (ISPSW) Conference 2017.

8. Parivartan, 1<sup>st</sup> National Conference, 9 to 10 December, 2017.

9. 43th Annual conference of Indian Psychiatric Society- North Zone, October 6-7, 2018.

10. 6<sup>th</sup> National Conference of World Association for Psychosocial Rehabilitation- Indian Chapter,

17<sup>th</sup> -18<sup>th</sup> May, 2019.

11. 15<sup>th</sup> Biennial National Conference of Indian Association of Child and Adolescent Mental Health

(IACAM), 8-10 Nov, 2019.

**HOBBIES** 

Playing outdoor & indoor games.

Date: 11/10/2023

Place: Kohima, Nagaland (Dr. THIYAM KIRAN SINGH)