

JASON PURO

purojason99@gmail.com/ (91) 9366946076 / Nagaland, India

EDUCATION

MA in Psychology (Specialisation in Clinical Psychology) 2021 - 2023

CGPA: 8.44/10

Academic Gold Medalist
Nagaland University, Nagaland, India

BA Triple Major (Communication Media, English & Psychology) 2018 - 2021

CGPA: 7.99/10, 3.19/4

Christ University, Bangalore, India

RESEARCH INTERESTS

Attachment, Mentalisation, Personality, Relationships, Stress

PUBLICATIONS

Shikhu.L, Puro.J, Kesiezie.K (2025), The Influence of Parent-Peer Attachment on Mentalization and Personality among School Dropouts, *Indian Journal of Psychology and Education*, Vol 15, 2, 53-58
[Chapter View](#)

Puro.J, Shikhu.L (2024), Big Five personality factors between Teaching and Medical Professionals in context of Work Addiction, *Journal of Society for Addiction Psychology*, Vol 1.2
[Chapter view](#)

INDIVIDUAL RESEARCH PROJECT

The Role of Mentalization in Mediating the Relationship Between Attachment and Perceived Stress among university students

PAPER PRESENTATIONS AND CONFERENCES

- 1. The Influence of Parent-Peer Attachment on Mentalization and Personality among School Dropouts** 2025
29th International and 60th National Conference of the Indian Association of Applied Psychology
Nagaland University, Nagaland, India

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- 2. Big Five personality factors between Teaching and Medical Professionals in context of Work Addiction** 2025
29th International and 60th National Conference of the Indian Association of Applied Psychology
Nagaland University, Nagaland, India
- 3. Mentalization Based Cognitive Therapy for Depression with underlying issues of Attachment** 2023
National Annual Conference of the Indian Association of Clinical Psychologists
SGT University, Gurugram

ACADEMIC ACHIEVEMENTS & CERTIFICATIONS

- 1. National Eligibility Test, India** 2023
Qualified for Assistant professor & Phd
- 2. Academic Gold Medallist** 2023
Dept of Psychology
Nagaland University, India
- 3. LIC Student of the Year** 2016
St Joseph's School North Point, Darjeeling, India
- 4. Award of General Proficiency** 2016
St Joseph's School North Point, Darjeeling, India

PROFESSIONAL DEVELOPMENT

- Individual Research Programme, Lumiere Education 2025
- Coordinator at the 29th International & 60th National Conference of the Indian Academy of Applied Psychology 2025
- MA Dissertation **Personality Profiles of Teaching and Medical Professionals in Nagaland** 2023
Dept of Psychology, Nagaland University, India
- Introduction to Child Development (Certificate) 2023
Institute of Psychoanalysis, British Psychoanalytical Association, UK
- Student Volunteer, Dream A Dream NGO 2019
Bengaluru, Karnataka, India
- International Academic Exchange Programme at Boston college High School, Massachusetts, USA. 2016
Hydcenter for Global Education