

## SYLLABUS FOR CERTIFICATE COURSE

### Course Objectives

1. The Students will be introduced to foundational concepts, history and evolution of women's studies in the Indian and Global context.
2. Students will develop conceptual clarity of feminist research methodologies and the feminist perspective in debates about women's issues and rights.
3. The students will develop an awareness of the status and areas of women's empowerment.
4. The students will be familiarized with various issues, trends and policies of the Government and other agencies at the national and international level.
5. The students will gain insights into issues of women's health and services.
6. The students will develop an understanding of the constitutional provisions and laws for the protection of women and girls in India.

**Credit: 20**

<b>Course Code</b>	<b>Title of the paper</b>	<b>Total credits</b>
CCWS01	INTRODUCTION TO WOMEN'S STUDIES	04
CCWS02	WOMEN STUDIES AND CURRENT ISSUES	04
CCWS03	GENDER PERSPECTIVE DEVELOPMENT AND EMPOWERMENT	04
CCWS04	WOMEN AND HEALTH	04
CCWS05	LEGAL RIGHTS OF WOMEN IN INDIA	04
<b>Total</b>		<b>20 Credits</b>

## **INTRODUCTION TO WOMEN'S STUDIES (CCWS01)**

### **COURSE OBJECTIVES:**

1. To introduce the foundational concepts, history, and evolution of Women's Studies in India and Globally.
2. To explore intersections of gender with caste, class, ethnicity, region, and sexuality.
3. To promote critical engagement with feminist theories, movements, and development discourses.
4. To foster women's leadership, empowerment and community engagement through experimental learning.

### **Course Contents:**

#### **UNIT-I: Genesis and Growth of Women's Studies**

1. Evolution of Women's Studies: Global and Indian context
2. Role of UGC, ICSSR, and Women's Studies Centres in India
3. NEP 2020 and women-led development: new possibilities
4. Interdisciplinary Nature of Women's Studies

#### **UNIT-II: Status of Women**

1. Historical overview: women in ancient, medieval, colonial, and post-independence India
2. Present status in health, education, economy, and political participation
3. Women in rural vs urban settings
4. Feminist perspective in debates about Women's issues and rights

#### **UNIT-III: Women, Gender and Social Institutions**

1. Family: patriarchy, inheritance, and domestic division of labour
2. Caste and community: gendered dimensions of exclusion, Religion and religious practices: impact on women's rights
3. Education: gender bias, access, and curriculum, Media: representation and stereotypes

#### **UNIT-IV: NEP 2020 and Gender Inclusion**

1. Gender inclusion in curriculum and institutions
2. National Education Policy 2020 on equity and women-led development
3. Women's movements in India (pre- and post-Independence)
4. UN Conventions (CEDAW, SDGs), Indian laws and policy frameworks

#### **Practicum: *Gender in Everyday Life (Any one)***

1. Field visits to NGOs/SHGs
2. Documentation of gendered experiences (diary/journal)
3. Gender sensitization campaigns
4. Group presentation on lived realities of women in diverse communities

## **Suggested Readings:**

1. Maithreyi Krishnaraj (Ed.). (1990). *Women and Society in India*. Delhi: Ajanta.
2. Nivedita Menon (Ed.). (2012). *Seeing Like a Feminist*. New Delhi: Zubaan.
3. Rege, Sharmila. (2003). *Sociology of Gender: The Challenge of Feminist Sociological Knowledge*. Sage.
4. Desai, Neera & Thakkar, Usha. (2001). *Women in Indian Society*. National Book Trust.
5. John, Mary E. (2008). *Women's Studies in India: A Reader*. Penguin.
6. Government of India. Various Policy Documents (NEP 2020, NFHS Reports, National Gender Budgeting Reports).
7. Articles from journals such as *Indian Journal of Gender Studies*, *Economic and Political Weekly (EPW)*, and *Gender & Society*.

## **WOMEN STUDIES AND CURRENT ISSUES (CCWS02)**

### **COURSE OBJECTIVES:**

1. To enable students to obtain knowledge on various institutions for women.
2. To make students aware on the various areas of empowerment and analyse the status of Naga women.
3. To familiarize students on women in leadership role in various local bodies.
4. To enable students to critically analyse women reservation policy.
5. To acquaint students with the current issues and emerging trends relating to women.

### **COURSE CONTENTS:**

#### **UNIT 1: Role and functions of institutions for women**

1. State Women Resource Development Department
2. State Social Welfare Department
3. Nagaland State Commission for Women (NSCW)
4. Ministry of Women and Child Development

#### **UNIT 2: Women Empowerment**

1. Dimensions of empowerment- Political, social, economic and education
2. Status of Women in India with special reference to Naga Women
3. Climate change and role of women

#### **UNIT 3: Women and Leadership**

1. Women in leadership role
2. Representation in local bodies- Political & decision-making bodies
3. Women reservation of 33% seat- State Assembly and Parliament

#### **UNIT 4: Current Issues and Emerging Trends**

1. Violence against women- Domestic and Sexual harassment
2. Human trafficking
3. Online abuse and digital safety
4. Women in conflict situations in North-East India.

**Practicum:** *The student may conduct any one activity from the following;*

1. Assessment of status of women of one tribe
2. Assessment on the role of women in any local bodies
3. Analyze various government schemes for women and girls in the state

### **Suggested readings:**

1. Ahuj, Ram (2009) Violence against Women, Rawat Publications, Jaipur, India.
2. Dutta, J., Dowarah, J., Kamei, D., (2025) Empowering Women- Perspectives, Policies & Pathways to Equality, Kumud Publications.
3. Mary, E. John (Ed),(2008), Women's Studies in India: A Reader, Penguin, New Delhi, India.
4. Government of Nagaland (2022), Gender Statistics Nagaland. Directorate of Economic and Statistics, Government of Nagaland, Kohima.
5. Hate, C.A (1969), Changing Society of Women in Modern India, Vikas Publications, Delhi.
6. Longchar, Imtjungla (2006), Woman and Struggles- A Personal reflection on the Problems of Tribal women, S. Wati Aier & Sons, Discipleship Bible College, Dimapur, 797112.
7. Sangeetha Purushothaman, (1998), The Empowerment of Women in India, Sage Publications, New Delhi.
8. Shenoy M, (2007) Domestic Violence- Issues and Perspectives, Aavishkar Publishers Distributors, Jaipur, India.
9. Sudhir, H. & Hajarimayum, J (2005), Violence against women in North-East India, New Delhi: Akansha Publishing House

## **GENDER PERSPECTIVE DEVELOPMENT AND EMPOWERMENT (CCWS03)**

### **COURSE OBJECTIVES:**

1. This paper develops a precise conceptual clarity on feminist research methodology besides providing basic statistical concepts and research design. The learner will be able to think about a) How to incorporate gender in social science research. B) Gains the ability to analyze the data of various sample surveys.
2. This paper also teaches on definition of work and to create awareness of works done by women and its invisibility and to provide an insight into the problems of women in the workplace and the discrimination in terms of recruitment, wages, etc.
3. This paper will highlight about women's health and various health related illness and about the significance of women's health and available health care providers. It also gives awareness about various health care providers in state and Centre.
4. This paper will provide various Gender Development concepts, theories and models. It also highlights government initiatives for gender development besides various gender development models and how gender development is being practiced in the society by various public and private institutions.

### **Course Contents:**

#### **UNIT-I: Alternative approaches of Development.**

1. Development Approaches, Development Theories; Women in Development (WID)
2. Women and Development (WAD)
3. Gender and Development (GAD)
4. UNO and Women Development.

#### **UNIT-II: Gender Development and the Planning.**

1. The Five Year Plans towards Women Development.
2. National Commission for Women
3. Millennium Development Goals(MDG)
4. Central and State Social Welfare Boards (CSWB)

#### **UNIT-III: Gender and Practical Concerns**

1. Women and Literacy
2. Women and Health
3. Women and Politics
4. Women and Decision making

#### **UNIT-VI: Women and Empowerment**

1. Various Empowerment approaches.
2. Women empowerment Indicators.
3. Women Empowerment Policies process.
4. State Policies and Programmes for Women empowerment.

**Practicum:** *Discussion on feminism, gender-based violence; role of gender on health, education and economy Or*

*Field work and submission of report.*

1. Review of implementation of any state policy for Women development cum Empowerment.
2. Case studies on Women Activities in politics, education, arts Science and Technology.

### **Recommended Readings:**

1. Sahay Suhma (1998): Women and Empowerment- Approaches and Strategies. New Delhi: Discovery publication House.
2. Shanta (1991): Development of Women Entrepreneurship in India: A Study of Public Policies and Programmes. New Delhi: Mittal Publication.
3. Dubhashi- Vinze, Medha(1987) Women Entrepreneurs in India. Delhi: Mittal Publication
4. Singh Andrea Menefee; Viitanen, Anita Kelles (FI87) Invisible Hands: Women in Home-Based Production. New Delhi: Sage Publications.
5. Dhameja, S.K (2002) Women Entrepreneurs: Opportunities, Performance and Problems. New Delhi Deep and Deep Publications.
6. Devaki Jain (1988) Women & Work Dak, T.M. Ed. Women at Work in Indian Society. Delhi: Discovery Publishing House.
7. Anant, Suchitra, Rao, S.V. Ramani (1986) Women at Work in India: A Bibliography. New Delhi : Sage and Kapoor, Kabita Publication.
8. Sharma, Alakha N, Singh, Seema (1992) Women and Work Changing Scenario in India. Delhi: B.R. Publishing Corporation.
9. Jyotsna Agnihotri Gupta (2000) New Reproductive Technologies, Women's Health and Autonomy: Freedom or Dependency. New Delhi: Sage Publications.
10. Mohan Rao (ed) (2004) The Universal Scream: Reproductive Health and Women's Lives in India, Zubaan, An Associate of Kali for Women. New Delhi
11. Nelly P. Stromquist, Women in the Third World an Encyclopaedia
12. Swapna Mukhopadhyay (1989) Women's Health Public Policy and Community Action. New Delhi: Manohar Publishers and Distributers.
13. S.C. Gulati, Rama Patnaik (1996) Women's Status and Reproductive Health Rights. New Delhi Har Anand Publications.
14. Kushik, Vijay & Sharma, Bele Rani (2013) Women and Development New Delhi: Sarup Publication pvt. Ltd.
15. Padmavathi K (2016) Empowerment of Women in India. New Delhi: Serial Publication pvt. ltd.
16. Ahlawat, Neerja (2016) Gender Discriminations and Development. Jaipur: Rawat Publications.

## **WOMEN AND HEALTH (CCWS04)**

### **COURSE OBJECTIVES:**

1. To make students aware of policies and schemes on Women's Health at National and International level
2. To enable students gain knowledge and understanding on Concept of Women's Health
3. To enable students gain knowledge on Women's health vis a vis gender issues and Human Rights
4. To enable students gain understanding of health issues faced by women and barriers to their healthcare.

### **Course Contents:**

#### **Unit-I: Women's Healthcare: Policies and Schemes**

1. Conceptualizing Women's Healthcare, Importance of Women's Physical, Mental and Social wellbeing
2. Health as Gender and Human Rights issue
3. International Conferences on Women and Health-ICPD Cairo, Beijing Platform for Action, MDGs, SDGs
4. Government of India Schemes to promote Women's Health, Health care services- Maternal and Child health, National Nutritional Programmes, Anaemia Control Programme.

#### **UNIT-II: Reproductive Health and Women**

1. Menstruation and Quality of Life, Pregnancy and Childbirth-related healthcare
2. Fertility Issues and women
3. Women's sexual and reproductive health-STDS and HIV/AIDS and women, control programmes
4. Addressing Menopause.

#### **UNIT-III: Women Healthcare and Issues**

1. Family Planning and Fertility
2. Maternal morbidity and mortality, infant mortality Related issues
3. Gender Gaps in Healthcare
4. Social, Economic and Cultural barriers related to Women's Health.

#### **UNIT-IV: Addressing Women's Healthcare**

1. Women's access to Healthcare and Awareness
2. Promoting Healthcare and Gender Equality
3. Health and Gender Sensitivity
4. Overcoming social stigma in healthcare

**Practicum/ Suggested Activities:**

1. Case study on success stories in Women's Healthcare in the community
2. Field Visit to PHC, CHC, UHC and sub centres
3. Visit to STD Clinic at Local Hospital
4. Visit to FPAI Centre

**Suggested Readings:**

1. Jyotsna Agnihotri Gupta (2000) *New Reproductive Technologies, Women's Health and Autonomy: Freedom or Dependency?* Sage Publications, New Delhi
2. K.AjitDalal and Subha Ray. (2005). "Social Dimensions of Health". Rawat Publications, Jaipur.
3. Mohan Rao (ed) (2004) *The Unheard Scream: Reproductive Health and Women's Lives in India*, Zubaan, An Associate of Kali for Women, New Delhi.
4. Neill Mckee, Jane T. Bertrand and Antje Becker-Benton (2004) *Strategic Communication in the HIV/AIDS Epidemic*, Sage Publications, New Delhi.
5. Premilla D'Cruz (2003) *In Sickness and in Health: The Family Experience of HIV/AIDS in India*, Street, Kolkata.
6. Renu Khanna, Mira Shiva and Sarala Gopalan (eds) (2002), *Towards Comprehensive Women's Health Programmes and Policy*, Society for Health Alternative for WAH, New Delhi.
7. S.C. Gulati, Rama Patnaik (1996) *Women's Status and Reproductive Health Rights*, Har-Anand Publications, New Delhi
8. Swapna Mukhopadhyay (1998) *Women's Health Public Policy and Community Action*, Manohar Publishers & Distributors, New Delhi
9. World Health Organization. (2000). "Women of South East Asia: A health profile". WHO, Regional Office for South East Asia, New Delhi.

## **COURSE TITLE: LEGAL RIGHTS OF WOMEN IN INDIA (CCWS05)**

### **COURSE OBJECTIVES:**

1. To provide knowledge about the provisions relating to women in the Constitution of India
2. To develop a clear and precise understanding of women's rights
3. To analyze the different laws and acts for protection of women
4. To examine different issues and problems faced by women in India

### **Course Contents:**

#### **UNIT -I: Constitutional Provisions for women in India**

1. Fundamental Rights
2. Directive Principles of State Policy
3. Fundamental Duties
4. Constitutional Protections for Women's Participation in Local Governance

#### **UNIT--II: Family Law and Marital Rights of Women in India**

1. Laws relating to Marriage, Divorce, Maintenance, Child Custody, Adoption and Guardianship
2. Family Courts Act, 1984
3. The Protection of Women from Domestic Violence Act, 2005

#### **UNIT-III: Provisions related to Women in Criminal Laws**

1. IPC and CrPC
2. Immoral Traffic Prevention (Amendment) Act 1956
3. Indecent Representation of Women (Prohibition) Act 1986
4. Pre-Natal Diagnostic Techniques (Prevention and Misuse) Act 1994

#### **UNIT-IV: Women and Labour Laws**

1. Equal Remuneration Act, 1976
2. Maternity Benefit Act, 1961
3. Factories Act, 1948
4. Sexual Harassment of Women at Work Place Act, 2013

### **Practicum:**

*To study any case of women's rights violation and to make a presentation on the particulars of the case with emphasis on how justice was delivered*

## **Suggested Readings:**

1. Agosin, Marjorie (ed.) (2009). Women, Gender and Human Rights: A Global Perspective, Jaipur: Rawat Publications.
2. Ahuja, Ram (2009). Violence against Women, Jaipur: Rawat Publications
3. Butalia, U and T. Sarkar (ed.) (1996). Women and the Hindu Right, New Delhi, Kali for Women.
4. Channa, Subhadra (2006). Women and Human Rights, New Delhi: Cosmo Publications
5. Flavia, Agnes (2001). Law and Gender Inequality, Oxford University Press
6. Kant, Anjani (2020). Law relating to Women and Children, Central Law Publications.
7. Papola, T.S and Alakh N. Sharma (eds.) (1999). State Interventions and Women's Employment, New Delhi, Vikas Publishing House.
8. Poonia, Meenakshi and Virender S. Poonia (2011). Women and Human Rights In India, Sonali Publications
9. Roy, Rekha (2008). Women's rights in India-A Feminist Perspective, Akansha Publishing
10. Sankaranarayan Gopal, 2013 (6 Editions): The Constitution of India, Eastern Book Company, Lakhnow.
11. Sekher, T.V and Neelambar Hatti (2010). Unwanted Daughters: Gender Discrimination in Modern India, Jaipur: Rawat Publications
12. Shenoy, M (2007). Domestic Violence: Issues and Perspectives, Jaipur :Aavishkar Publishers, Distributors
13. Shrivastava, Ramesh C. (2010). Status of Women and Gender Justice, Jaipur :Navjeevan Publication
14. Sudhir, H and Jubita Hajarimayum (2005). Violence against Women in North-east India, New Delhi: Akansha Publishing House
15. Sunder, Rajan (2004). The Scandal of the State: Women, Law and Citizenship in Postcolonial India, Permanent Black, New Delhi.
16. Walklate, Sandra (2001). Gender, Crime and Criminal Justice, Cullompton, Devon, UK: Willan Publishing.